

Bären
Adelboden

Hotel & Restaurant

Lunch

Welcome

We look forward to welcoming you as a guest and
wish you a pleasant time with us in the restaurant
Bären Adelboden

Fresh salads & salad specialties

Seasonal leaf salad with carrot strips *  9.50


Mixed salad *  12

* Your choice of our homemade dressing:
French, Italian, lemon-honey dressing

Homemade soups

Homemade vegetable cream soup "Bären"  14

With 1 pair of wieners or pork sausage + 7

French fries  8.50

Main courses

“Vogellisi“ salad plate with melon and egg  25
served with lemon-honey dressing

Beef tatar 38
prepared in the classic style and the spiciness of your choice,
served with toast
on request with cognac, calvados or whisky

Bären-sausage salads

Sausage salad 23
side dish: French fries + 7

Sausage-cheese salad with Adelboden mountain cheese 23
side dish: French fries + 7



Vegetarian dishes

Main courses

Our four menus

Starters

Vegetable cream soup or mixed salad including in the menu 

Menu 1

Pork escalope with cream sauce and mushrooms 29
served with noodles and cream peach **small portion 26**

Menu 2

Bread-crumbed pork escalope 29
served with French Fries **small portion 26**

Menu 3

Battered pike-perch fillets 29
served with a homemade tatar sauce and rice **small portion 26**

Menu 4

Spaghetti Napoli  or Bolognese 29
small portion 26



Vegetarian dishes

The Bären Plättli

Served on the board

Ham, raw ham, salami, dried meat,
Vogellisi-dry sausage and cheese

Served with bread

1 portion 29

Fondues

Traditional swiss cheese fondue

Bären mix from the village cheese dairy 

per person 29

Champagne & truffle cheese fondue 
(from 2 people)

A creation by Manfred Schmid from the village cheese dairy

per person 35

For our little guests

Yogi bear ✓ 8
French fries with ketchup or mayonnaise

Bubu ✓ 15
Spaghetti with tomato sauce

Winnie Pooh 15
Small pork escalope Viennese style served with French fries

Kung Fu Panda 15
Chicken nuggets with French fries

Side dish ✓ 8
Peas & carrots





Hugo
10.50



Aperol Spritz
10.50



Lillet Blanc
10.50



Limoncello Spritz
10.50



Campari Spritz
10.50

*In the mood for a
refreshing aperitif?*



Martini Bianco
non-alcoholic
9.50



Hugo
non-alcoholic
9.50



Bianco Rimuss
non-alcoholic
8.50

with alcohol

non-alcoholic

Feel good and rest



We also have beautiful rooms

