



Menu

Welcome

We are very pleased to welcome you as our guest
and wish you a pleasant time with us at the
Restaurant Bären Adelboden

Fresh salads & salad specialities

Autumn leaf salad with kernels & croutons  9.50

Mixed salad  12

Your choice of our homemade dressings:
French, Italian or lemon-honey dressing

Homemade soups


Mountain herb soup  14

Pumpkin cream soup with seeds  14


Tomato soup with basil baguette  14

 Vegetarian dishes

Starters

- N'dunderi al limone**  22
We serve you our pasta speciality with homemade ricotta- wheat flour
gnocchi and a refreshing lemon sauce
- Beef tatar as a starter** 28
prepared in the classic style

Main courses

- Vogellisi salad plate with melon and egg**  25
served with lemon-honey dressing
- Roastbeef plate with tatar sauce** 29
Side dish: French fries 6
- Battered perch fillets** 39
served with a homemade tatar sauce,
at your choice French fries, rice or a salad plate



Vegetarian dishes

Bären tatar

Beef tatar 38
prepared in the classic style and the spiciness of your choice,
served with toast

As an accompaniment cognac, calvados or whisky


Vogellisi beef tatar 39
Hand-cut, with high quality olive oils, garlic,
3-year-old alpine cheese, mustard and chili - served with French fries.

La Pasta


Spaghetti Napoli  25

Spaghetti Bolognese 28



Spaghetti Marinaio 34
with scampi, garlic and chili

N'dunderi al limone  28
We serve you our pasta speciality with homemade ricotta- wheat flour
gnocchi and a refreshing lemon sauce

Homemade rösti

Vegetarian rösti 	26
with pumpkin cubes, fried egg and gratinated mountain cheese	
Rösti with bacon	27
gratinated with raclette cheese	
Rösti with ham	27
gratinated with raclette cheese	
Grilled sausage with rösti	29
With a grilled sausage (pork) from our house butcher Fritz Gempeler, served with onion gravy	

Vegetarian & vegan

Potato dumplings  vegan	29
served with avocado pesto and cherry tomatoes	
Kikeriki Curry  vegan	29
Aromatic curry stew with fresh vegetables, sweet potatoes and herbs served with rice	

 **vegan** Vegan dishes

 Vegetarian dishes

Bären specialities

Calf's liver	39
prepared at your choice with an onion sage butter or a herb sauce served with homemade rösti	
Escalope Bären	45
Tender Swiss veal, fried with a homemade herb bread-crumbs served with French fries	
Pork cordon bleu	39
From the cutlet, filled with smoked raclette cheese and fine ham. Prepared according to the original recipe from the traditional restaurant "Della Casa" in Berne, served with French fries and vegetables.	
Sliced veal Zurich style with rösti	44
Veal escalope Oberland style with mushrooms	45
served with a cream sauce, noodles and vegetables	
Bären snails	49
Pink roasted cubes of beef fillet served in a "snail-plate" and gratinated with a specially created sauce, served with a side dish of your choice	
Beef fillet goulash Stroganoff with spätzli	49
Fillet of beef	
Tender, excellently seasoned fillet from the village butcher Fritz Gempeler. Roasted at your choice, served with herb butter or bearnaise sauce, vegetables and side dish of your choice	
Lady`s Cut 150 g	56
Man`s Cut 250 g	65
Side dishes	
French fries, spätzli, rice or rösti	

Autumn specialities

- Venison escalope with cognac cream sauce** 45
Red cabbage, Brussel sprouts, glazed marroni, apple with cranberries and homemade spätzli
- Deer entrecôte with mushroom cream sauce** 43
Red cabbage, Brussel sprouts, glazed marroni, apple with cranberries and homemade spätzli
- Game sausage with cranberry sauce** 29
Brussel sprouts and homemade spätzli

Fondues

- Traditional Swiss cheese fondue**  29
Bären mix from the village cheese dairy
- Adelboden cheese fondue with smoked bacon
(from 2 persons)** 32
Bären mix from the village cheese dairy
- Champagne & truffle cheese fondue**  34
(from 2 persons)
A creation by Manfred Schmid from the village cheese dairy

For our little guests

Yogi bear ✓	8
French fries with ketchup or mayonnaise	
Bubu ✓	12
Spaghetti with tomato sauce	
Winnie Pooh	12
Small pork escalope Viennese style served with French fries	
Kung Fu Panda	14
Chicken nuggets with French fries	
Side dish ✓	7
Peas & carrots	

