

Bären
Adelboden



Hotel & Restaurant

Lunch


Welcome

We look forward to welcoming you as a guest and
wish you a pleasant time with us in the restaurant
Bären Adelboden

Fresh salads & salad specialties

Seasonal leaf salad with carrot strips & croutons 	9.50
Mixed salad 	12


Homemade soups

Homemade vegetable cream soup «Bären» 	14
Grisons barley soup	14
with 1 pair of wieners or pork sausage	7

French fries 	8.50
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 Vegetarian dishes

Main courses

Vogellisi salad plate with melon and egg 	25
served with lemon-honey dressing	
Beef tatar	38
Prepared in the classic style and the spiciness of your choice, served with toast	

Bären-sausage salads

Sausage salad	22
Side dish: French fries	6
Sausage-cheese salad with Adelboden mountain cheese	22
Side dish: French fries	6



Vegetarian dishes

Crispy

Battered perch fillets 39
served with our homemade tatar sauce,
at your choice French fries or rice

Pasta

Spaghetti Napoli  25

Bären-specialities

Pork escalope with cream 29
Served with noodles and cream peach small portion 26

Bread-crumbed pork escalope 29
served with French fries small portion 26

French fries  8.50

 Vegetarian dishes



The Bären Plättli

Served on the board

Ham, raw ham, salami, dried meat,
Vogellisi-dry sausage and cheese
served with bread

1 portion 28

Fondues

- Traditional swiss cheese fondue**  29
Bären mix from the village cheese dairy
- Champagne & truffle cheese fondue**  34
(from 2 persons)
A creation by Manfred Schmid from the village cheese dairy

The epitome of Swiss cosiness

Originating from the Alps of French-speaking Switzerland, the delicacy of melted cheese and is today the epitome of Swiss conviviality.

Our fondue mixtures are produced by village cheese specialist Manfred Schmid. Carefully and regionally produced and invite you to enjoy and linger.
Enjoy your meal!

 Vegetarian dishes

For our little guests

Yogi bear ✓ French fries with ketchup or mayonnaise	8
Bubu ✓ Spaghetti with tomato sauce	12
Winnie Pooh Small pork escalope Viennese style served with French fries	12
Kung Fu Panda Chicken nuggets with French fries	14
Side dish ✓ Peas & carrots	7



Vegetarian dishes

Feel good and rest



We also have beautiful rooms

