

Bären
Adelboden

Hotel & Restaurant

Lunch




Welcome

We look forward to welcoming you as a guest and wish you a pleasant time with us in the restaurant Bären Adelboden.




QR code for the digital version

Fresh salads & salad specialties

Seasonal leaf salad with roasted seeds & croutons 	9.50
Mixed salad 	12
Lamb's lettuce with egg & croutons 	13
Lamb's lettuce with egg, bacon & croutons Your choice of one of our homemade dressings: French, Italian, Thousand Island dressing.	14

Homemade soups

Homemade cream of vegetable soup «Bären» 	14
Grisons barley soup	14
With 1 pair of wiener or pork sausage	7

 Vegetarian dishes


Fine bear sausage salads

Sausage salad	21
Sausage salad with French fries	26
Sausage and cheese salad with Adelboden mountain cheese	21
Sausage and cheese salad with Adelboden mountain cheese with French fries	26

Egli-Krusperli

Perch filets in a crispy batter Served with our homemade tartar sauce, your choice of French fries or rice	39
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Fine bear specialities

Äplermagronen		27
Your choice with or without bacon, served with applesauce		
Pork escalope		29
Served with spaetzli and cream peach	small portion	26
Pork escalope in a crispy batter		29
Served with French fries	small portion	26
Perch filets in a crispy batter		39
Served with our homemade tartar sauce, your choice of French fries or rice		
French fries 		8.50



Vegetarian dishes

The Bären Plättli



Served on the board

Ham, raw ham, salami, dried meat,
Vogellisi - dry sausage and cheese.

Served with bread.

1 Portion 28

Fondues

- Traditional Swiss cheese fondue**  29
Bear mix from the village dairy
- Champagne & Truffle Cheese Fondue**  34
(from 2 persons)
Another creation by Manfred Schmid from the village cheese dairy

The epitome of Swiss cosiness

Originating in the Alps of French-speaking Switzerland, the delicacy of melted cheese and is today the epitome of Swiss conviviality.

Our fondue mixtures are produced by village cheese specialist Manfred Schmid. carefully and regionally produced and invite you to enjoy and linger.
Enjoy your meal!

 Vegetarian dishes

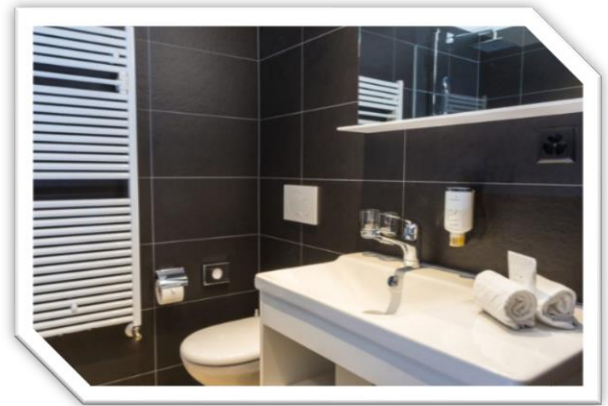
Little one with bear hunger

Yogi Bear ✓	8
French fries with ketchup or mayonnaise	
Bubu ✓	12
Spaghetti with tomato sauce	
Winnie Puuh	12
Small Wiener schnitzel of pork with French fries	
Kung Fu Panda	14
Chicken Nuggets with French fries	
Side dishes ✓	7
Peas and carrots	



Vegetarian dishes

Feel good and rest



We also have beautiful rooms

